

BYU COMPREHENSIVE CLINIC

The Comprehensive Clinic is a research, training, and service facility located in the John Taylor Building of Brigham Young University. The Comprehensive Clinic offers convenient and affordable mental health services to individuals, couples and families in the Utah County area. Counseling services are provided by graduate interns from the Clinical Psychology, Marriage and Family Therapy, and Social Work programs. Graduate interns receive close supervision from experienced licensed faculty.

In individual counseling the client and counselor work together to resolve concerns such as emotional distress or behavioral difficulties. Couples counseling provides a setting for partners to increase positive feelings and to help their relationship grow. Family counseling is an opportunity for all family members to understand and improve parent, child, and sibling relationships. Groups are often held to address group members' common concerns such as interpersonal relationships, preparation for marriage, couples communication, parenting skills, and divorce adjustment for children.

The Clinical Psychology program provides psychological and neuropsychological assessments. Typical assessment questions include behavioral or emotional conditions; learning and attention difficulties; or the assessment of functioning following brain trauma.

FEES

Counseling Sessions: \$15

Groups: Usually a one-time fee of \$15

Psychological Assessments: \$50

Neuropsychological Assessments: \$400

Fees for service can be decreased for financial need and are subject to change. Current BYU students are often provided services at no charge. The Clinic does not bill insurance companies. All clients pay at the time of service.

INTAKE PROCESS

Please call (801) 422-7759 for information or to schedule for a brief phone interview to ensure the Clinic has the needed services. The Clinic does not accept individuals who need long-term counseling, who are suicidal, who are violent or who live in violent circumstances, who have alcohol or drug problems, or who have legal issues that would involve the Clinic in court proceedings.



CONTACT US

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